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HEALTH SOLUTIONS

FlyteHealth



CASE STUDY

How FlyteHealth Turned At-Home Measurements Into Timely Clinical Action

First-year evaluation

$106

Estimated medical savings per participant per month (PMPM)*

Overview

Cellular-connected scales and blood pressure monitors give FlyteHealth's care team a clearer view of members' health between visits. Measurements flow directly to the care team without Wi-Fi setup, app pairing, or manual entry, helping clinicians spot changes in biometrics sooner and respond with timely, personalized support. Today, 91% of Body Pro scales remain active at six months.

Partner Background

FlyteHealth is the leading early cardio-kidney-metabolic (eCKM) platform for whole health. Its AI-native platform and in-house healthcare professionals deliver integrated care across all 50 states, helping organizations prevent, treat, and manage obesity, prediabetes, diabetes, hypertension, hyperlipidemia, cardiovascular disease, early-stage chronic kidney disease, and related conditions. This coordinated approach improves outcomes, slows disease progression, and reduces the total cost of care across the cardio-kidney-metabolic continuum while following all treatment guidelines.

Founded by leaders in obesity medicine, FlyteHealth combines multidisciplinary clinical care, behavior change support, medication stewardship, and longitudinal care coordination. Advanced analytics and clinical decision support help its care teams deliver personalized, proactive care at scale, including treatment with the full range of anti-obesity medications.

An evaluation of the State of Connecticut FlyteHealth program estimated first-year medical savings of approximately $106 per participant per month overall and $313 per participant per month among those with morbid obesity[1] . These savings reflect the acuity-based treatment model of the FlyteHealth program.

The result is better clinical outcomes, sustained member adherence, and significant medical savings in the first year.



CHALLENGE

Manual Workflows And Fragmented Data Collection Were Limiting Program Visibility

Before partnering with Withings, FlyteHealth was managing device provisioning manually and routing member data through a third-party hub that made the process more complicated than it needed to be.

To help its care team work efficiently and effectively while reducing burnout, FlyteHealth needed continued innovation and technology enablement. The team sought a solution that simplified setup, made it easier for members to get started, and provided consistent longitudinal data to support employers, patients, and healthcare professionals.

SOLUTION

Cellular-Connected Devices That Simplify Getting Started

In 2025, FlyteHealth deployed Body Pro smart scales and BPM Pro 2 blood pressure monitors across its member population. Both devices connect via cellular, with no Wi-Fi configuration, no app pairing, and no setup required from the member. Members take a measurement and the data syncs directly to the platform. This supports connected care in communities with limited access to Wi-Fi or home broadband, allowing FlyteHealth to service members nationwide.

Body Pro tracks weight, BMI, and weight trends, while BPM Pro 2 captures clinically validated blood pressure and heart rate readings. Standard and large cuff options help members find the right fit for accurate readings. Together, the devices give FlyteHealth's care team a clearer view of weight and blood pressure between visits.

Automated device provisioning, cellular connectivity, and data retrieval removed the manual work that was occupying staff time and eliminated the integration layer that was creating friction before members ever started measuring. With patient data flowing directly to the platform, FlyteHealth's care team can spend more time responding to and supporting members.

> *"Cellular-connected scales and blood pressure cuffs remove a long-standing barrier. Patients don't have to remember to jot down a number or send in a message; the data is just there. That lets us catch a plateau, a trend, and identify abnormalities that require care interventions."*
>
> **Hayley Miller, MD**
> Medical Director, FlyteHealth



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Connected Care In Action

FlyteHealth and Withings connect reliable at-home measurements with ongoing clinical support. Withings Body Pro scales and BPM Pro 2 blood pressure monitors automatically transmit weight and blood pressure readings to the FlyteHealth platform, giving the care team actionable data between visits. Cellular connectivity requires no smartphone, Wi-Fi setup, or manual entry, making remote monitoring accessible across ages, locations, and levels of technology comfort.

FlyteHealth's care team uses this HIPAA-protected data to monitor progress, identify emerging risks, and proactively adjust medications and care plans, including nutrition and behavioral support, follow-up biometric measures, and referrals to primary care clinicians.

Together, FlyteHealth and Withings turn connected data into meaningful action, enabling earlier intervention, sustained engagement and treatment adherence, and measurable improvement across weight and related cardio-kidney-metabolic measures.

RESULTS

Measurable Cost Impact, Strong Device Retention, And Sustained Clinical Outcomes

First year · All participants

$106 PMPM

Estimated medical savings*

First year · Participants with morbid obesity

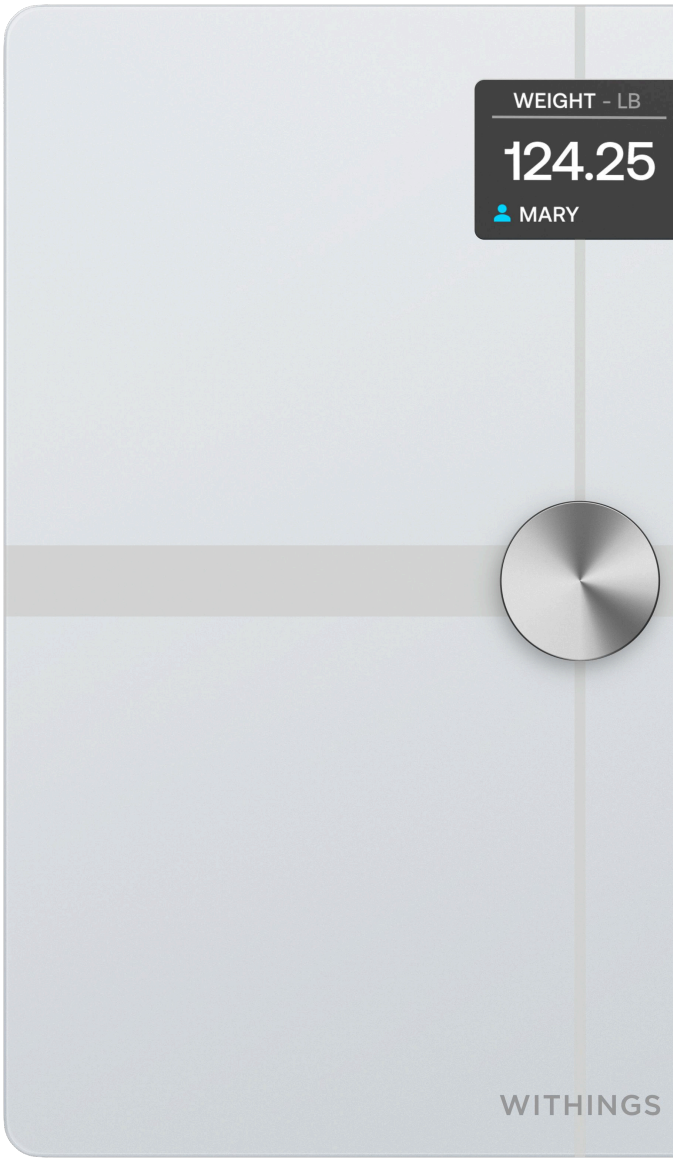
$313 PMPM

Estimated medical savings*

Body Pro

91%

Devices still active at 6 months*



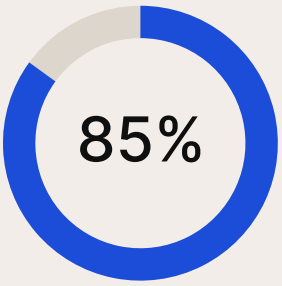
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Program Data



Sources: FlyteHealth program data, 2025-2026



of members installed both Body Pro and BPM Pro 2

OUTCOMES AT 24 MONTHS	Reduction
Body weight	↓ 15%+
Blood pressure	↓ 16%+
LDL cholesterol	↓ 16%+
HbA1c	↓ 8%+

*Sources: Segal, FlyteHealth Program Evaluation, (State of Connecticut Health Plan), March 2026
FlyteHealth program data, 2025–2026
Milliman, independent pharmacy claims analysis, 2025

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Let's improve patient care together

Want to learn more about Withings devices and how it can help support your patient population and care teams?

Schedule a demo

Contact us

Please visit **Withings Health Solutions**
to learn more about our products and solutions.

Sources

1. Connecticut Office of the State Comptroller. "Comptroller Sean Scanlon Releases Report on FlyteHealth GLP-1 Weight Management Program." May 21, 2026. **Read the announcement.**