

withings

Steel

Activity & Sleep Watch



Available colors:



Activity tracking helps you move more, feel better, and sleep sounder—but only if the tracker works with your life. Steel features a truly wearable and elegant design that extends across its chrome analog hands, stainless steel watch case and smooth silicone strap. Made to transition from gym, to office, to a night out, Steel features sophisticated tracking that lets you run, walk, swim, or dance the night away without your phone. There's no charging and no button to press — Steel automatically tracks everything and syncs to the Health Mate™ app to give you in-depth metrics, personal coaching and more. Plus, with sleep tracking at night, the watch works 24/7 to help you work towards your goals.

Get more information on our products at
www.withings.com

Features

Automatically tracks walk, run, swim, sleep, distance & calories burned

Enhanced activity tracking can detect and learn 10 activities: tennis, ping pong, squash, badminton, weight lifting, basketball, soccer, volleyball, dance, and boxing

Water resistant up to 50m (5 ATM)

No charging - battery lasts up to 8 months

Get a report of light and deep sleep cycles, sleep duration & wake-ups

Set a silent vibrating alarm using Smart Wake-Up™ to wake at the optimal point in your sleep cycle

Automatically synchronizes with the Health Mate™ app, where users can view trends, gain insights, and unlock rewards

Technical Facts & Design

Available on iOS (iOS 8 and higher) and Android (5.0 and higher)

Steel comes with a stainless steel case, chrome hands, and soft silicone wristband

The tachometer-inspired sub-dial tracks progress towards the user's daily goal

Battery life: up to 8 months

Price & Availability

Steel 36mm, Silver case, black & white (18mm wristband width), **£119.95**

Steel 36mm, Rose gold case, black & white dial (18mm wristband width), **£139.95**

Online

withings.com, amazon.co.uk

In Store

Jonh Lewis & Argos