

UNDER EMBARGO UNTIL 5 SEPTEMBER 2025 00:01 CEST

Withings Announces New ScanWatch 2

Harnessing predictive AI, this smartwatch delivers real-time alerts and insights into a user's health—from menstrual cycles to signs of impending illness and energy levels—all with a record-breaking 35-day battery life.



Issy-les-Moulineaux - 05/09/2025. *Leader in the connected watch market with an analog design, [Withings](#) presents the new ScanWatch 2. Its latest OS, HealthSense 4, has been designed to offer even more precise and powerful algorithms. It **tracks 35 biomarkers** to optimise all aspects of health. The new **exclusive Vitality Indicator** communicates the user's energy level to optimise vitality and reduce fatigue. It **alerts in real-time for early signs of illness**.*

The new ScanWatch powers a sophisticated AI to provide an in-depth analysis of your overall health

The new ScanWatch 2 offers comprehensive health monitoring, **utilising 35 biomarkers** to track everything from sleep and physical activity to cardiovascular health and menstrual cycle prediction, as well as temperature. This is all powered by the **new HealthSense 4 OS**, which features new advanced algorithms that deliver the most precise and refined measurements to date.

A record 35-day battery life enables continuous day and night health monitoring of all essential parameters. Overnight tracking is particularly vital as fluctuations in key indicators like heart rate variability, respiratory rate, oxygen saturation, and temperature offer deep insights into an individual's overall health, including recovery, stress regulation, and cardiovascular and women's health.

Optimise sleep and energy levels

Among the key innovations in the new ScanWatch 2 are its advanced algorithms for monitoring sleep and energy levels.

- **Comprehensive sleep phase analysis:** For the first time, ScanWatch 2 delivers more precise monitoring of sleep architecture and quality through the detection of sleep phases, **now including REM sleep**—a phase essential for memory, brain plasticity, stress regulation, and emotion management. Additionally, it precisely monitors nocturnal respiratory rhythm, a key indicator in overall health.
- **A deeper understanding of energy level and fatigue:** ScanWatch 2 supercharges an **exclusive Withings+ feature, AI model—the Vitality Indicator**—through HRV (Heart Rate Variability), physical activity, temperature, oxygen saturation, nocturnal respiratory rhythm, and sleep quality **to deliver personalized alerts with targeted advice**, helping users optimise their energy by focusing on the specific factors that, for them, deteriorate it the most.

To promote daily well-being and health, ScanWatch 2 offers **advanced monitoring for both physical activity and cardiovascular health**. It enhances activity tracking with **new, dedicated algorithms for precise step counting** and **automatic activity recognition**. For heart health, it provides continuous oversight by using a PPG sensor to detect rhythm disorders like atrial fibrillation passively. Users can then confirm any potential issues on-demand with a medical-grade ECG.



Empowering proactive health with real-time predictions and advice



"This new ScanWatch 2 is the result of advanced research in predictive AI. It increasingly shows us what the in-depth and continuous analysis of data collected via a beautiful watch that we enjoy wearing every day and every night allows us to understand and anticipate our health."

Éric Carreel, Founder and President of Withings

The new ScanWatch 2 doesn't just measure, it predicts and alerts: By tracking and analysing subtle changes in body temperature, the watch fuels the predictive AI of Withings+ to help users be more proactive. This allows it to send alerts that anticipate future health events, such as the beginning of a menstrual cycle or the first signs of possible illness.

- **Optimised menstrual cycle prediction, and period alerts, including those with irregular cycles and during perimenopause:** Its new algorithm tracks the body's overnight temperature evolution, analyzing subtle fluctuations to accurately predict every stage of the menstrual cycle. This provides invaluable insights, **offering crucial clarity for those navigating irregular periods or perimenopause** and a deeper understanding of their unique cycle.
- **Proactive alerts for temperature fluctuations and for signs of potential illness:** Precise monitoring of temperature and HRV fluctuations enables alerts for the first signs of a possible illness, like the flu. This is powered by **TempTech 24/7 technology**, which combines a **heat flux sensor** with a wrist temperature sensor to accurately distinguish the body's temperature from the environment and ensure continuous monitoring.



The Withings app experience: Your personalized health coach, every day

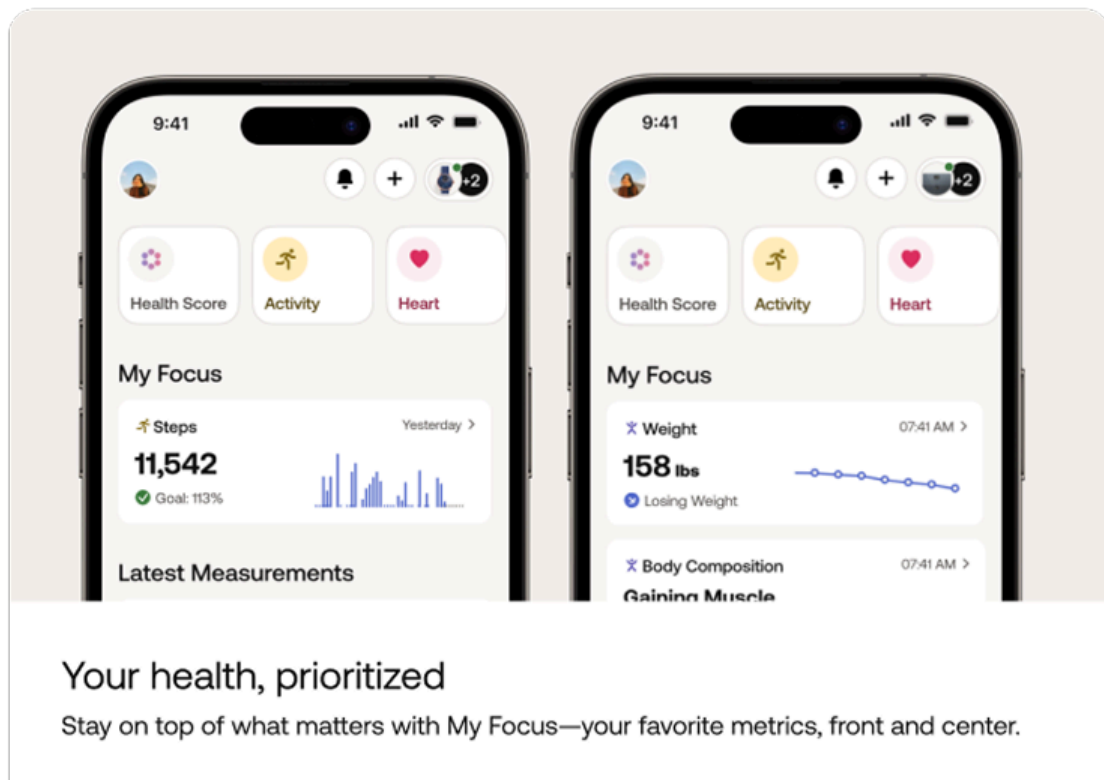


“The new ScanWatch 2 experience extends into the Withings app, completely redesigned to allow each user to focus on the most important indicators for them and to receive personalized advice, based on an in-depth and continuous analysis of their data.”

Matthieu Menanteau, User Experience Director

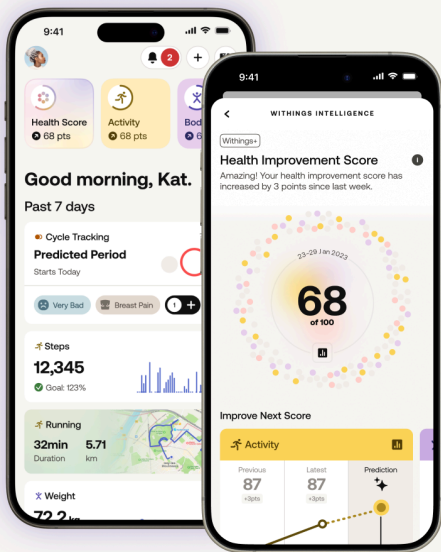
Inside the free Withings app, users benefit from a simplified, customisable experience built around these exclusive features:

- **Customisable dashboard:** Users can now pin their most important health data in the ‘Focus’ tab, making what matters most instantly visible on the homepage.
- **Holistic health understanding:** With in-depth, continuous data tracking, users can finally understand the connections between different health metrics. They can see the direct effects of physical activity on sleep, how sleep quality impacts daily energy, and how menstrual cycles influence sleep patterns and quality.
- **Trend tracking for sustained motivation:** The platform offers precise tracking of health trends, providing users with clear insights into their progress. This empowers them to take targeted, effective actions and maintain long-term motivation.



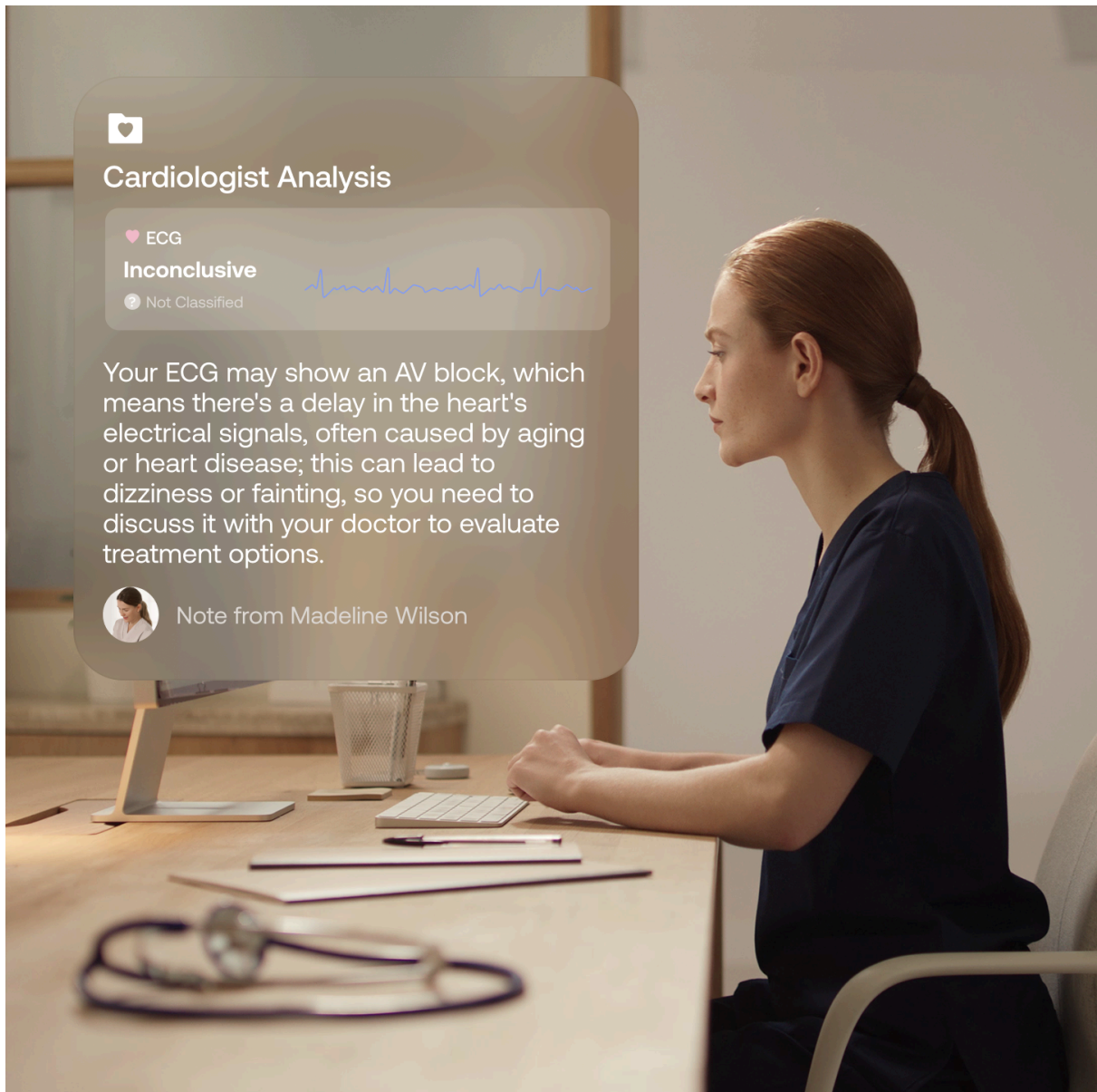
For an even more precise and complete monitoring experience, every ScanWatch 2 purchase comes with a complimentary three-month subscription to **Withings+**. This premium version of the **Withings app** provides access to:

- **Withings Health Assistant (24/7):** A new AI assistant offers users personalised health guidance. This advanced feature is capable of answering specific user questions while also proactively providing targeted advice to help individuals better understand and improve their overall well-being.
- **Advanced indicators and scores:** Provides subscribers with access to advanced metrics not available in the free app, **including the proprietary Vitality Indicator**.
- **Professional cardiologist review:** Through the Cardio Check-Up feature, users can have key cardiovascular data, such as ECG recordings, sent for a professional analysis by cardiologists.



WITHINGS

	Free	W+
Lifetime free storage of your health data	✓	✓
Live dashboard for televisit	✓	✓
Share PDF Health Report	✓	✓
Health Improvement Score		✓
Weekly Health Vertical Scores		✓
ECG-powered cardiologist review		✓
AI-driven personalized insights & data correlation		✓
Expert curated content library		✓



An iconic design, a new model: Celebrating the new ScanWatch 2

To mark this release, Withings introduces a new blue and silver 42 mm model. Its analog design, faithful to the brand's DNA, encourages continuous, day and night wear, essential for optimal monitoring of health and its variations.

Availability

The new ScanWatch 2 is **available on the Withings website from September 5, 2025**, at a price of **349.95 euros, with a free 3-month Withings+ subscription.**

About Withings

A pioneer in real-world health tracking, Withings created the first connected scale in 2009 and has since continued to innovate to offer an ecosystem of clinically validated connected objects, used by 15 million people worldwide as well as by numerous renowned healthcare centers and research institutes. The Withings ecosystem measures more than 50 biomarkers. It includes a sleep analyzer that detects sleep cycles, wake phases, and sleep apnea. It also includes connected watches with a horological design that allow, among other things, to monitor heart rate and its variations day and night, to perform a medical-grade electrocardiogram to detect pathologies such as atrial fibrillation, or to monitor blood oxygenation. The connected scales, true health platforms, measure body composition but also exclusive biomarkers such as nerve health score and pulse wave velocity, which attest to cardiovascular age and alert to arterial stiffness caused notably by hypertension. Its connected blood pressure monitors allow home monitoring of blood pressure evolution, thanks to sharing reliable and exhaustive measurement reports with a doctor, and can integrate a stethoscope to detect valvular heart disease at home, more frequent in cases of high blood pressure.

To learn more, visit withings.com and contact us on [Instagram](#), [Facebook](#), or [X \(formerly Twitter\)](#).

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