Withings Health Solutions Unveils Body Pro 3, Bringing DEXA-Level Segmental Body Composition Tracking Into the Home

Next-generation cellular health station introduces first-ever DEXA-level segmental body composition, predictive trajectory modeling, and a hypertension notification feature directly from home.*

BOSTON — November 12, 2026 — **Withings Health Solutions**, a pioneer in digital health technology, today announced Body Pro 3, a cellular health station that turns every home weigh-in into a clinical insight for weight management and GLP-1 programs.

A 2025 *JAMA Network Open* study of 125,474 adults with overweight or obesity found that about 54% stopped GLP-1 therapy within a year, rising to about 65% among those without type 2 diabetes (1). For weight management programs, keeping members engaged has become the central challenge, and a number on the scale gives members and care teams little to work with. Body Pro 3 turns routine home weigh-ins into richer information, including segmental fat and muscle tracking, projections of where each member's progress is heading, and hypertension notifications (pending FDA 510(k) clearance).* Members get a clearer reason to keep weighing in, and care teams get an earlier signal when someone starts to drift.

"GLP-1s are driving the biggest shift in weight care in decades, and programs now face two hurdles: maintaining muscle and keeping members engaged," said Antoine Pivron, Vice President of Withings Health Solutions. "Body Pro 3 addresses both, showing care teams where each member's progress is heading so they can step in at the right moment, without asking members to do anything new."

Body Pro 3 combines several capabilities that work together to support members and care teams at every stage of treatment:

- **DEXA-Level Segmental Body Composition:** A new retractable handle adds segmental readings, giving care teams estimated fat and muscle for each arm, leg and torso, plus a visceral fat index that weight and BMI alone can't reveal. In a 2025 validation study against DEXA, the clinical gold standard, readings correlated at 0.99 for fat mass and 0.98 for lean and muscle mass (2).
- **Program Trajectory Prediction:** Built on tens of thousands of GLP-1 journeys, our predictive model forecasts weight, fat mass and muscle mass with each weigh-in, so members see not just where they stand but where they're heading. These projections

power a personalized Goal Probability Score and Off-Track Alerts that flag when progress slows. Projections are estimates, not guarantees.

- **Hypertension Notification Feature (pending FDA 510(k) clearance)*:** Analyzes weigh-in data to identify patterns suggestive of hypertension and notifies the care team to seek further clinical evaluation. It does not measure blood pressure and does not replace a blood pressure measurement.* Built for the the estimated 44% of adults with hypertension worldwide who don't know they have it and the 78% of primary hypertension cases linked to excess weight.(3,4)

"When I start someone on a GLP-1, what worries me isn't whether the scale goes down, it's what's coming off," said Nisha Basu, MD, MP, a practicing primary care physician and Clinical Advisor at Withings. "A meaningful share of weight lost can be lean mass, and in older adults especially, that can matter for strength and independence. Seeing the trend at home between visits lets me act on protein intake, resistance training or medication titration. Body composition data also helps in the management of those for whom BMI can be inaccurate, like patients who are very muscular or carry excess fat at a normal weight. Weight is a crude proxy. Function is what we're treating."

Availability

Body Pro 3 will be available in early 2027 for enterprise healthcare partners, remote patient monitoring (RPM) providers, and clinical weight management programs.

Withings Health Solutions will showcase its suite of connected health devices, including Body Pro 3 at HLTH 2026 from November 15–18. On Monday, November 16, at 1:50 p.m. PT, Patrick Sheehan, Vice President of Value-Based Care, will take the HLTH mainstage for the panel "Healthy People, Not Just Healthy Margins." That evening at 5:00 p.m. PT, Withings and Calibrate will co-host "Cardiometabolic and Obesity Care Game Night", featuring Antoine Pivron, Vice President of Withings Health Solutions, alongside leaders from Calibrate, Optum Rx, and Fierce Healthcare.

Interested in learning more? Meet with us onsite at HLTH or visit our website.

*The hyperentsion notification feature is pending FDA 510(k) clearance and is not available for sale in the United States at this time. The Hypertension Notification Feature is intended for adults 22 and older who have not been previously diagnosed with hypertension to seek further clinical evaluation. It is not for use in pregnancy and is not a standalone diagnostic tool or a blood pressure surveillance method.

References:

1) Rodriguez PJ, et al. Discontinuation and reinitiation of dual-labeled GLP-1 receptor agonists among US adults with overweight or obesity. JAMA Netw Open. 2025;8(1):e2457349.
2) Withings. Body Scan vs DEXA: the clinical performance of segmental body composition at home. 2025. support.withings.com/hc/article_attachments/43329491947409
3) World Health Organization. Hypertension fact sheet. 25 September 2025. who.int/news-room/fact-sheets/detail/hypertension
4) Garrison RJ, et al. Incidence and precursors of hypertension in young adults: the Framingham Offspring Study. Prev Med. 1987;16(2):235-251.

About Withings Health Solutions

Withings Health Solutions is a dedicated division of global connected health leader Withings, serving healthcare professionals across chronic disease prevention and management, remote patient monitoring, clinical research and more. Its mission is to bridge the gap between patients and their care teams by continuously and effortlessly providing healthcare professionals with medical-grade data generated by patients from an ecosystem of connected devices. For more than a decade, Withings has built an expertise in user experience, engagement and retention. Withings Health Solutions extends this expertise to the healthcare industry to remove friction in the patient's journey and allow for digital health to expand. For more information, visit www.withingshealthsolutions.com.

Media Contact:

- Kate Kamisky
- withings@12080group.com