

Withings Steel



QUICK INSTALLATION GUIDE

快速安装指南 | 快速安裝指南 | クイック インストール ガイド | 빠른 설치 안내서

EN | 简 | 繁 | JP | KR



Need help?

需要帮助？ | 需要幫助？ | 困ったときは？ | 도움이 필요하십니까？

➔ withings.com/support/steel

This guide is available in additional languages at: www.withings.com/guides

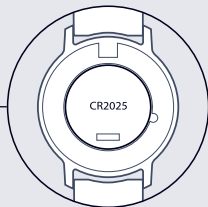
Box Contents

簡 包装内容 | 繁 包装内容 | JP セット内容 | KR 박스 내용물

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Withings Steel



CR2025 battery (already inserted)

簡 電池 CR2025 (已经装入)

繁 電池 CR2025 (已经装入)

JP CR2025ボタン電池 (予め装着されています)

KR CR2025 전지 (이미 삽입됨)



Tool to reset the watch

簡 重置腕表的工具

繁 重設腕錶的工具

JP 時計をリセットするためのツール

KR 시계 재설정 도구

Quick start from your smartphone or tablet

簡 从您的智能手机快速启动 | 繁 從您的智能手機快速啟動

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JP スマートフォンまたはタブレットからセットアップ | KR 스마트폰에서 빠르게 시작하세요

Visit go.withings.com from your smartphone or tablet & follow the instructions to install and login to the Health Mate™ App.

簡 从您的智能手机或平板电脑访问 go.withings.com 并依照指示。

繁 從您的智慧型手機或平板電腦造訪 go.withings.com 並遵照指示。

JP お使いのスマートフォンやタブレットから go.withings.com にアクセスして、指示に従ってください。

KR 스마트폰 또는 태블릿에서 go.withings.com을 방문한 후 설명에 따라주십시오.



Key functions of Withings Steel

简 Withings Steel 主要功能一览 | 繁 Withings Steel 主要功能一覽

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JP Withings Steel の主な機能 | KR Withings Steel 의 주요 기능을 확인하세요

Activité steel automatically detects whether you are walking, running, swimming or sleeping.

简 Withings Steel 是体验健康生活方式的独特工具。

繁 Withings Steel 是健康體驗生活方式的獨特工具。

JP Withings Steel は歩行、ランニング、スイミング、睡眠の状態を自動的に検知します。

KR 건강한 라이프스타일을 경험할 수 있는 독특한 도구, Withings Steel.



Swim

游泳 | 游泳 | 水泳 | 수영



Activity

活动 | 活動 | アクティビティ | 활동



Sleep

睡眠 | 睡眠 | 睡眠 | 수면

Set an alarm

簡 设置闹钟 | 繁 設置鬧鐘 | JP アラームをセットする | KR 알람을 설정하세요

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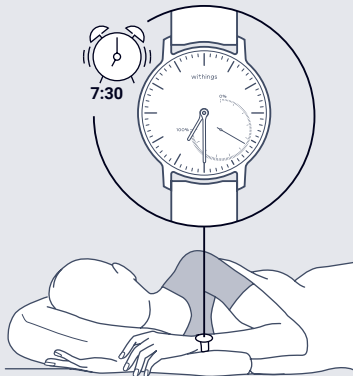
**Set an alarm in the Health Mate™ Application,
Withings Steel will wake you with a slight vibration**

簡 在 Health Mate Application 设置闹钟之后，Withings Steel 将以轻微的振动为您提供叫醒服务。

繁 在 Health Mate Application 設置鬧鐘之後，Withings Steel 將以輕微的振動為您提供叫醒服務。

JP Health Mateアプリでアラームをセットすると、微弱な振動で心地よく目覚めることができます。

KR Health Mate 애플리케이션 안에 알람을 설정하면 Withings Steel가 가벼운 진동으로 깨워드릴 것입니다.



Change the battery

簡 更換電池 | 繁 更換電池 | JP 電池を交換する | KR 배터리를 변경하세요

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To change the CR2025 battery, take your Withings Steel to a qualified specialist. Visit www.Withings.com/health/support for additional instructions.

簡 請于專業鐘錶商處更換您腕錶的 CR2025 電池。如需更詳細的說明，請前往 www.withings.com/support。

繁 請于專業鐘錶商處更換您腕錶的 CR2025 電池。如需更詳細說明，請造訪 www.withings.com/support。

JP CR2025ボタン電池を交換する場合は、専門の時計技師に依頼してください。詳細については、www.withings.com/support をご覧ください。

KR CR2025 배터리를 교환하려면 전문 시계 기술자에게 Watch를 가져가십시오. 자세한 설명은 www.withings.com/support을 참고하십시오.



Warranty

简 保证 | 繁 保證 | JP 保証 | KR 보증

EN Withings Two (2) Years Limited Warranty - Withings Steel

Withings SA, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux ("Withings") warrants the Withings-branded hardware product ("Withings Product") against defects in materials and workmanship when used normally in accordance with Withings' published guidelines for a period of TWO (2) YEARS from the date of original retail purchase by the end-user purchaser («Warranty Period»). Withings' published guidelines include but are not limited to information contained in technical specifications, safety instructions or quick start guide. Withings does not warrant that the operation of the Withings Product will be uninterrupted or error-free. Withings is not responsible for damage arising from failure to follow instructions relating to the Withings Product's use.

简 Withings 的商品保修期为—(2) - Withings Steel

Withings SA, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux, France ("Withings") 针对 Withings 品牌硬件产品(«Withings 产品»)的材料和工艺缺陷提供保修服务。在用户从专业经销商处购买全新 Withings 产品的初始日期后—(2)年内(“保修期”),如果产品在按照 Withings 产品用户指南建议的条件下使用后出现上述缺陷,我公司将负责产品保修。Withings 用户指南内容包括 Withings 产品的技术规格、安全说明及快速使用手册。Withings 不对 Withings 产品无间断工作或零误差提供保证。若因不遵循 Withings 产品的使用说明而造成任何损伤或损失,Withings 不承担任何责任。

繁 Withings 的商品保證期為—(壹)年 - Withings Steel

Withings SA, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux, France ("Withings") 針對 Withings 品牌零件(「Withings 產品」)的材料和工藝缺陷提供保證服務,最終使用者從專業經銷商處購買全新 Withings 產品的初始日期後—(壹)年內(「保證期」),如果產品在按照 Withings 產品隨附資料建議的條件下使用後出現上述缺陷,我公司將負責產品修理事宜。隨附資料包括 Withings 產品的技術規格、安全說明及說明手冊。Withings 並不對 Withings Product 的無間斷工作或誤差提供保證。若因不遵循 Withings 產品的使用說明而造成任何損傷或損失,Withings 並不承擔任何責任。

JP Withings の保証は1年間有効です - Withings Steel

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KR Withings 의 상업적 보증 기한은 2 년입니다 - Withings Steel

Withings SA (주소: 2 rue Maurice Hartmann 92130 Issy les Moulineaux, France, 이하 'Withings'라고 함)는 Withings 브랜드 제품(이하 'Withings 제품'이라고 함)을 해당 Withings 제품의 공개 권장 방법에 따라 사용했을 때 발생한 재료 및 제조상 결함에 대해서 품질을 보증합니다. 단, 결함은 최종 사용자가 새 Withings 제품을 구입한 날로부터 1년 이내에 발생한 것이어야 합니다(이하 '보증 기간'이라고 함). 공개 권장 방법은 Withings 제품의 기술 사양, 안전 지침 및 사용 설명서를 포함합니다. Withings는 Withings 제품의 작동이 중단되지 않거나 오류가 없음을 보장하지 않습니다. Withings는 Withings 제품의 사용 설명을 준수하지 않음으로써 발생한 피해에 대해 책임을 지지 않습니다.

Compliance

简 合规

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EN This information applies only to Withings Technologies Ltd's Electrical and Electronic Products sold in the People's Republic of China.

Parts	Hazardous Substance					
	Pb	Hg	Cd	Cr6+	PBB	PBDE
Printed Wiring Board Assemblies	x	o	o	o	o	o
Metal parts	o	o	o	o	o	o
Watch Hands	x	o	o	o	o	o
Plastic & polymeric parts	o	o	o	o	o	o
Glass parts	o	o	o	o	o	o
Battery	o	o	o	o	o	o

This table is formulated in accordance with SJ/T 11364

o : Indicates that the concentration of the hazardous substance in all homogeneous materials in the parts is below the relevant threshold of the GB/T 26572 standard.

x : Indicates that the concentration of the hazardous substance of at least one of all homogeneous materials in the parts is above the relevant threshold of the GB/T 26572 standard. The "x" in the above table indicates that some exemptions of EU RoHS are applied in the parts.

简 本信息仅适用于诺基亚科技有限公司在中华人民共和国销售的电器电子产品。

部件名称	有害物质					
	铅	汞	镉	六价铬	多溴联苯	多溴二苯醚
电路模块	x	o	o	o	o	o
金属零件	o	o	o	o	o	o
顺时针	x	o	o	o	o	o
塑料和聚合物部件	o	o	o	o	o	o
玻璃	o	o	o	o	o	o
电池	o	o	o	o	o	o

本表格依据SJ/T 11364 的规定编制。

o : 表示该有害物质在该部件所有均质材料中的含量均在GB/T 26572 标准规定的限量要求以下。

x : 表示该有害物质至少在该部件的某一均质材料中的含量超出GB/T 26572 标准规定的限量要求。

本表所示的"x" 表明使用了欧盟RoHS对于某些有害物质在特定应用中豁免的条款。

The Environment-Friendly Use Period (EFUP) for all enclosed products and their parts are per the symbol shown here, unless otherwise marked. Certain parts may have a different EFUP (for example, battery modules) and so are marked to reflect such. The Environment-Friendly Use Period is valid only when the product is operated under the conditions defined in the product manual. Manufacturing date: 02/20/2017



此标志也表示了该产品及其部件的环保使用期限。当某些零部件有不同的环保使用期限时，会另行标示(例如，电池单元模块会有另外一个标志贴在其产品上)。此环保使用期限只适用于产品是在产品手册中所规定的条件下工作。
生产日期: 02/20/2017



EN List of materials potentially in contact with the skin during usage: silicone and stainless-steel.

簡 在使用中可能接触皮肤的材料之列表: 矽酮、不銹鋼

繁 使用中可能觸及皮膚的材料之清單: 矽氧、不銹鋼

JP 使用中に皮膚と接触する可能性のある材料のリスト: シリコン、ステンレススチール

KR 사용 중 피부에 접촉할 가능성이 있는 재료 목록: 실리콘, 스테인리스강



Frequency Range :

2402.0 - 2480.0 MHz

Maximum output power :

-5.1 dBm

FFCC ID: XNAHWA01 CMIT ID: 2014DJ4886 202-LSC078

Changes or modifications made to this equipment not expressly approved by Withings may void the FCC authorization to operate this equipment.

Radiofrequency radiation exposure Information:

The radiated output power of the device is far below the FCC radio frequency exposure limits. Nevertheless, the device shall be used in such a manner that the potential for human contact during normal operation is minimized.

This device complies with the R&TTE Directive.

A copy of the EU Declaration of Conformity is available online at www.withings.com/compliance

Japanese Radio Law and Japanese Telecommunications Business Law Compliance. This device is granted pursuant to the Japanese Radio Law (電波法) and the Japanese Telecommunications Business Law (電気通信事業法). This device should not be modified (otherwise the granted designation number will become invalid). 対応機種: iPhone 6 Plus, iPhone 6, iPhone 5s, iPhone 5c, iPhone 5, iPhone 4S & Android 4.3 (or higher) smartphones and tablets offering Bluetooth Low Energy connectivity.

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withings

Withings Steel | Activity & Sleep Watch

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